Unity of Energy – ***Julia Meads***

Reiki Healing Level 1 – 2 day course 9.30pm - 4.30pm
Wed 27th & Thur 28th February 2013
Venue 44 Moor Park, Wendover, Bucks HP226AX

What is Reiki?

Reiki is an Ancient Tibetan Healing Technique, which was Re-discovered in the early 1900' by Dr Usui, a Japanese scholar.

Reiki is Japanese word meaning "Universal Life Force Energy" An Energy that is all around us.

Reiki One -Self Healing

Reiki One is primarily about self-healing.

You will be attuned to Reiki.

Reiki Activates and facilitates the healing process within yourself as well as opening you as a channel for the Reiki healing energy.

You will learn to give yourself healing and the techniques for treating others I.e. friends and family, and also plants and animals.

You will also learn about the History of Reiki

An Introduction to meditation/personal development

Healing for your pets/ animals.

You will receive ongoing support after your training,

Some practical homework is required before you receive your certificate.

There are Regular Reiki Share evenings and workshop days where you can come and practise, ask questions and receive Reiki.

If you are drawn to this course or would like further information, please call or email: **Julia Meads Usui Reiki Master Teacher**

Tel. 01296 620079 / 07951 777330

www.unityenergyhealing.weebly.com

BOOKING FORM

Reiki Level One-Self Healing

2 days:2 7th/28th February 2013

Name…….....

Address…….....

…….....

D.O.B…….

Home & Mobile Tel no's…….…….....

Email…….....

Occupation…….....

Have you had Reiki Before? Yes/No

Are you currently on any medication? Yes/No

If yes, What is it ?…….....

Do you have any physical/Medical conditions? Yes/No

Have you consulted your Doctor recently? Yes/No

Do you have any current concerns regarding any of the below?

(Please tick all that apply)

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Stress		Relationships		Sexuality		Bereavement	
Back problems		Heart problems		Digestive disorders		Menstrual problems	
Family		Work		Developmental		Addiction	
Anxiety		Sexual problems		Illness		Eating disorder	
Weight habits		Self-esteem		Phobias		Nervous System	
Suicide		Guilt		Poor Sleep		Fears	
Afraid to go out		Depression		Confusion		Spiritual	
Smoking		Unable to cope		Other……			

Reasons for wanting to do the course…….....
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…....Signature…….....
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Please make cheques payable to; Julia Meads – 44 Moor Park, Wendover, Bucks HP226AX Tel. 01296 620079 / 07951777330.

The cost of course is £220. A deposit of £55 is required with booking Thank you.